

# Youth Peer Support Worker

Alfred Health • Middle Park VIC 3206



Base pay  
\$0 - \$0



Work type  
Full Time



Contract type  
*Not provided*

## Job details



Date posted  
**11 May 2021**



Expired On  
**25 May 2021**



Category  
**Social Work & Community Services**



Occupation  
**Child Welfare & Family Services**



Base pay  
**\$0 - \$0**



Work type  
**Full Time**



Job mode  
**Permanent**

## Full job description

### Alfred Health

Alfred Health is a leader in health care delivery, improvement, research and education. We are the main provider of health services to people living in the inner southeast suburbs of Melbourne, from ambulatory, to inpatient and home and community based services.

**Are you a young person with a lived experience of mental health challenges, who identifies with young people aged between 18-25?**

- **Part-time (3 days per week) / Fixed-term - Until June 2022**
- **Based in Bentleigh with some travel required between locations**
- **Exciting role specifically for a young person who has lived experience of mental health challenges**
- **Applicants from culturally diverse backgrounds are encouraged to apply**

### ABOUT US

The Youth Program at **headspace** Early Psychosis provides a range of services to young people (12-25yrs), families, and professionals. Services are strengths-based and value-driven so that they support young people to achieve personally meaningful recovery goals, and enable cultural change within the organisation.

Young people are the reason we exist and are the focus of what we do. Our goal as a team, is to support as many young people who want to work with a peer worker as we can. Our Youth Peer Support workers, drawing upon their own lived experience of mental health challenges, are uniquely positioned to walk alongside young people while also helping to inform our service design and delivery.

### WHAT YOU'LL BE DOING

As a Youth Peer Support Worker, you will draw from your lived experience of

your own mental health challenges and recovery to act as a recovery champion within the Youth Program team. In this role, you will be responsible for providing one-to-one support to young people, co-facilitating peer and recovery groups and you will contribute to community awareness activities that aim to reduce stigma through increased mental health literacy.

As a Youth Peer Support worker, you will also work with and alongside clinical and recovery teams at headspace Early Psychosis. Whilst youth peer support workers are not clinicians, they are as much a valued part of our team. Our Youth Peer Workers have a key responsibility to help inform our service design and delivery. In this context, sharing insights that are drawn from your own lived experience may be really important in enabling another staff member or team to develop an understanding of a person's situation or how we may be working and the potential impact of this on a young person's experience.

#### **WHAT YOU'VE GOT**

- Lived experience of psychosis or other mental health challenges as a young person (12-25 years) and experience of utilising mental health services in your own recovery (essential Key Selection Criteria)
- Recognition and understanding of your own personal recovery process (including tools and strategies) and the ability to use this to appropriately share your story with purpose
- Australian working rights
- Current Victorian Driver License (preferable)
- Current Working with Children Check or willing to obtain one, and be willing to undergo a Background Check

#### **WHAT YOU'LL GET**

- Relevant training (e.g. Peer Support, group facilitation, Open Dialogue)
- Regular peer supervision and line management supervision
- Support from the Youth Peer team dedicated to promoting the voice of lived experience within the **headspace** Early Psychosis program

#### **OTHER BENEFITS**

- Access to salary packaging, discounted health insurance and banking
- Opportunities to participate in Discovery College
- Great work-life balance
- Located close to public transport, shops and restaurants

If this opportunity sounds like it is for you, click the **APPLY** button, including your cover letter responding to the Key Selection Criteria, and your resume.

**For more information regarding the position please contact Jessica Anson on ph: 0437 863 358**

**Applications close Sunday 23 May 2021 at 11pm AEST**

Alfred Health is an equal opportunity employer and is committed to attracting and retaining a diverse workforce that reflects the community we serve.

Applications from Aboriginal and Torres Strait Islanders are encouraged.

Website: [www.alfredhealth.org.au](http://www.alfredhealth.org.au)